



# Engage!

## Putting Your Faith into Action

### An Introduction to Catholic Social Teaching

MODEL I - 3 hour duration

I. Welcome and Introductions [10 min]

II. Prayer [5 min]

III. Sharing of current involvement in justice and charity. Clarifying the difference between charity and justice. [15 min]

IV. Video: Communities of Salt and Light [35 min]

1. View video
2. Discussion about the content of the video including integrating Catholic Social Teaching into all levels of parish life, resources available to encourage people to take action against injustice, use of an assessment tool to evaluate an aspect of parish life as an example.

Break [10 min]

V. Themes of Catholic Social Teaching. [45 min]

Presentation or small group discussion and presentation of USCCB seven themes

Discussion of current parish involvements as a guide to determine how parish is implementing Catholic Social Teaching, discuss if current programs are Direct Services, Advocacy or Justice Education, apply Catholic Social Teaching to today's issues and those of the parish.

VI. Present Observe, Judge Act Model – How to go about addressing an issue as a group  
Example: Feeding the hungry [20 min]

1. Observe - Interview guests of a meal program and the group providing the meal and staff.
2. Judge - Reasons people need the meal, get at root causes Judge in light of CST and our faith tradition.
3. Action - Explore possible actions to eliminate the problem, get at the root causes.
4. Are there gaps in existing services? If yes, what can our parish do to fill in the gaps?

Break [5 min]

VII. Choose and Organize Around an Issue [30 min]

Organize around one issue that is of interest to the group – local, national or global and determine if the group wants to proceed and meet again and if so how. Use assessment tools introduced above.

VIII. Closing Prayer [5 min]